

Preventive Pharmacy Benefits



Physicians Health Plan (PHP) provides in-network pharmacy benefits with no cost sharing (\$0 copay) for prescription and over-the-counter (OTC) medications for use in preventive screening procedures and prevention of certain conditions. For this coverage to apply, a prescription for the medication or product must be obtained from a provider and filled at an in-network pharmacy. These services meet and, in some cases, exceed the Affordable Care Act (ACA) requirements and recommendations.

**Questions?
Call PHP
Customer Service
at 517.364.8500**

Adult Preventive Health Screenings and Treatments

Cardiovascular Health

Statins, for adults ages 40–70 years:

Atorvastatin 10 mg, 20 mg	Fluvastatin ER 80 mg	Pravastatin 10 mg, 20 mg, 40 mg, 80 mg	Simvastatin 5 mg, 10 mg, 20 mg, 40 mg
Fluvastatin 20 mg, 40 mg	Lovastatin 10 mg, 20 mg, 40 mg	Rosuvastatin 5 mg, 10 mg	

Colorectal Cancer Prevention

OTC bowel prep products (prescription, generic), for adults ages 45–75 years:

Bisacodyl 5 mg oral tablet	Polyethylene glycol (PEG) 3350 oral powder	Generics to GaviLyte-N or Nulytely (PEG 3350, KCl, sodium bicarbonate, NaCl)
Generics to Golytely (PEG 3350, KCl, sodium bicarbonate, NaCl, sodium sulfate)	Magnesium citrate Polyethylene glycol (PEG) 3350 oral packet	Generics to GaviLyte-C (PEG 3350, KCl, sodium bicarbonate, NaCl, Sodium sulfate)

HIV Prevention

- Emtricitabine/tenofovir disoproxil fumarate (generic for Truvada), one tablet daily, for pre-exposure prophylaxis for HIV-negative persons who are at high risk of HIV acquisition by sex or injectable drug usage

Pre-Diabetes

- Metformin 850 mg
- Up to 2 tablets daily for adults ages 35–70 years with no prior fills of a diabetes medication

Tobacco Cessation

- Chantix®, bupropion, and generic nicotine replacement products (e.g. patches, gum) are covered for up to a 180-day supply in 365 days for adults ages 18 years and older who use tobacco; additional quantities require prior authorization

Women's Health: Breast Cancer, Pregnancy, and Family Planning

Primary Prevention of Invasive Breast Cancer Care

- Criteria must be met for tamoxifen or raloxifene to be covered without cost share

Pre-eclampsia

- Aspirin, 81 mg (OTC, generic), after 12 weeks of gestation for women ages 12–59 years at high risk for pre-eclampsia

Vitamins/Supplements

- Folic Acid, 0.8 mg, 400 mcg, and 800 mcg supplement, for all women planning or capable of pregnancy

Women's Health: Breast Cancer, Pregnancy, and Family Planning, continued

Contraceptives, Prescriptions, OTC Medications, and Devices

- For this coverage to apply, a prescription for the selected medication or product, including OTC items, must be obtained from a provider and filled at an in-network pharmacy
- For all women planning or capable of pregnancy

Contraceptives	Prescription Devices	Over-the-Counter
Apri	Kyleena (IUD)	Cervical Cups
Camila	Liletta (IUD)	Conceptrol Vaginal Gel 4%
EluRyng (vaginal ring)	Mirena (IUD)	Diaphragms
Enpresse-28	Nexplanon (implant)	Ella (emergency oral contraceptive)
Introvale	Paragard (Copper IUD)	FC – Female Condom
Junel FE 1/20	Skyla (IUD)	FC2 – Female Condom
Junel FE 1.5/30		Levonorgestrel 1.5 mg
Junel FE 24		(emergency oral contraceptive)
Kariva		Today Sponge (vaginal sponge)
Low-Ogestrel		VCF Vaginal Foam 12.5%
Lo Loestrin FE		VCF Vaginal Gel 4%
Medroxyprogesterone (injectable)		Xulane (patch)
Natazia		
Phexxi (vaginal gel)		
Sprintec 28		
Tri-Sprintec		
Velivet		
Xulane (patch)		

Vaccines—Adult and Children

Advisory Committee on Immunization Practices (ACIP) recommendations are followed for coverage ages.

Member Benefits: Members that have a pharmacy benefit with PHP may receive vaccines at an In-Network Participating Retail Pharmacy for \$0.00 copay***

Coronavirus (COVID-19)	Human Papillomavirus (HPV)*	Pertussis (Whooping Cough)	Rubella (German Measles)
Diphtheria	Influenza	Pneumococcal	Tetanus
Hepatitis A	Measles	Polio	Varicella (Chicken Pox)
Hepatitis B	Meningococcal	Respiratory Syncytial Virus**	Zoster (Shingles)***
Hib	Mumps	Rotavirus	

* Covered for ages 9–45 years

** Covered for adults ages 60 years and older

*** Covered for adults ages 50 years and older

Children's Oral Health

Generic prescription providing up to 0.5 mg per day of fluoride for children with low fluoride exposure ages birth–5 years

The ACA requires that non-grandfathered* health plans cover preventive care services with no cost sharing.

* Non-Grandfathered: A plan effective after the Affordable Care Act (ACA) was signed on March 23, 2010, or a plan that existed before the ACA, but lost its grandfathered status at renewal.