

2021 Step Therapy Criteria

Select the drug for quick access to the Step Therapy criteria.





| Drug Name | Step Therapy Criteria |
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| Abilify® aripiprazole | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: |
| *step required for brand product only | Trial of at least one preferred generic product such as olanzapine, risperidone, quetiapine, aripiprazole and/or ziprasidone |
| Androgel® testosterone | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: |
| *step required for brand product only | Trial of at least one generic equivalent product such as testosterone gel and/or testosterone solution |
| Aptensio® XR methylphenidate XR | Trial of at least one generic equivalent product such as methylphenidate immediate release tablet, methylphenidate extended release tablet |
| Beconase® AQ beclomethasone dipropionate | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred corticosteroid nasal sprays such as budesonide, flunisolide, fluticasone, mometasone, and/or triamcinolone |
| Belsomra® suvorexant | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as eszopiclone, zaleplon, zolpidem, and/or doxepin |
| Caplyta® lumatererone tosylate | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as olanzapine, risperidone, quetiapine, aripiprazole, and/or ziprasidone |



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| Contrave® naltrexone-bupropion ER | Coverage will be provided after a 90-day trial of the following treatment options with in the last 365 days: • Trial of at least one preferred product such as benzphetamine, diethylpropion, phendimetrazine, and/or phentermine |
| Cotempla® XL- ODT methylphenidate extended-release ODT | Trial of at least one generic equivalent product such as methylphenidate immediate release tablet, methylphenidate extended release tablet |
| Daytrana® Patch methylphenidate patch | Trial of at least one generic equivalent product such as methylphenidate immediate release tablet, methylphenidate extended release tablet |
| Elidel® pimecrolimus | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: Trial of at least one high-potency topical corticosteroid product such as triamcinolone, betamethasone, clobetasol, hydrocortisone, mometasone, etc. |
| Eucrisa® crisaborole | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one topical calcineurin inhibitor, such as Protopic® (tacrolimus) and/or Elidel® (pimecrolimus) |
| Fanapt® iloperidone | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as olanzapine, risperidone, quetiapine, ziprasidone, and/or aripiprazole |



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| Farxiga® dapagliflozin | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Fortesta® testosterone *step required for brand product only | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one generic equivalent product such as testosterone gel and/or testosterone solution |
| Geodon® ziprazidone *step required for brand product only | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as olanzapine, risperidone, ziprasidone, quetiapine, and/or aripiprazole |
| Glyxambi® empagliflozin- linagliptan | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Invega® paliperidone | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as olanzapine, risperidone, quetiapine, ziprasidone, and/or aripiprazole |
| Janumet® sitagliptin-metformin | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |



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| Januvia [®] sitagliptin | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Jardiance® empagliflozin | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Latuda® lurasidone | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as olanzapine, risperidone, quetiapine, ziprasidone, and/or aripiprazole |
| Nasonex® mometasone | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred corticosteroid nasal sprays such as budesonide, flunisolide, fluticasone, beclomethasone, and/or triamcinolone |
| Natesto® testosterone *step required for brand product only | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one generic equivalent product such as testosterone gel and/or testosterone solution |
| Nayzilam [®] midazolam | Coverage will be provided after a trial of the following treatment options within the last 365 days: • Fill history of select antiseizure medications such as levetiracetam, phenytoin, midazolam IM, and/or diazepam rectal |



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| nizatidine | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred histamine-2 antagonists such as famotidine, ranitidine, and/or cimetidine |
| Omnaris® ciclesonide | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: Trial of at least one preferred corticosteroid nasal sprays such as budesonide, flunisolide, fluticasone, azelastine-fluticasone, beclomethasone, mometasone, and/or triamcinolone |
| Ozempic® semaglutide | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Pancreaze® pancrelipase | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred brand product such as Creon® (pancrelipase) and/or Zenpep® (pancrelipase) |
| Pertzye® pancrelipase | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred brand product such as Creon® (pancrelipase) and/or Zenpep® (pancrelipase) |
| Protopic® tacrolimus | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: Trial of at least one high-potency topical corticosteroid product such as triamcinolone, betamethasone, clobetasol, hydrocortisone, mometasone, etc. |



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| Quillivant® XR methylphenidate XR liquid | Coverage will be provided after a trial of generic methylphenidate: Trial of at least one generic equivalent product such as methylphenidate immediate release tablet, methylphenidate extended release tablet |
| Rexulti® brexpiprazole | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as olanzapine, risperidone, ziprasidone, quetiapine, and/or aripiprazole |
| Rhopressa® netarsudil dimesylmate | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as bimatoprost, latanoprost, and/or travoprost |
| Rocklatan® netarsudil dimesylmate- latanoprost | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as bimatoprost, latanoprost, and/or travoprost |
| Rybelsus® semaglutide | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Saphris® asenapine | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred product such as olanzapine, risperidone, quetiapine, ziprasidone, and/or aripiprazole |



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| Seroquel® quetiapine | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: |
| *step required for brand product only | Trial of at least one preferred generic product such as olanzapine, risperidone, ziprasidone, and/or aripiprazole |
| Seroquel® XR quetiapine ER | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: |
| *step required for brand and generic products | Trial of at least one preferred generic product such as olanzapine, risperidone, ziprasidone, and/or aripiprazole |
| Soliqua® insulin glargine- lixisenatide | Coverage will be provided after a 90-day trial of the following treatment options within the last 180 days: • Trial of at least one preferred insulin products such as Basaglar® (glargine), Levemir® (detemir), and/or Tresiba® (degludec) |
| Testim® testosterone | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: |
| *step required for brand product only | Trial of at least one generic equivalent product such as testosterone gel and/or testosterone solution |
| Trintellix® vortioxetine | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: |
| | Trial of at least one preferred product such as fluoxetine, paroxetine, escitalopram, citalopram, fluvoxamine, and/or sertraline |
| Trulicity® dulaglutide | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: |
| | Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |



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| Victoza® liraglutide | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: |
| | Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Viibryd® vilazodone | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: |
| | Trial of at least one preferred product such as fluoxetine, paroxetine, escitalopram, citalopram, fluvoxamine, and/or sertraline |
| Vraylar® cariprazine | Coverage will be provided after a 30-day trial of the following treatment options within the last 180 days: |
| | Trial of at least one preferred product such as olanzapine, risperidone, ziprasidone, quetiapine, and/or aripiprazole |
| Xigduo® dapagliflozin- | Coverage will be provided after a 90-day trial of the following treatment options within the last 365 days: |
| metformin | Trial of at least one preferred oral product such as metformin, glipizide, and/or glyburide |
| Xultophy® insulin degludec- | Coverage will be provided after a 90-day trial of the following treatment options within the last 180 days: |
| liraglutide | Trial of at least one preferred insulin products such as Basaglar® (glargine), Levemir® (detemir), and/or Tresiba® (degludec) |
| Zetonna® ciclesonide aerosol | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: |
| | Trial of at least one preferred corticosteroid nasal sprays such as budesonide, flunisolide, fluticasone, azelastine-fluticasone, beclomethasone, mometasone, and/or triamcinolone |



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| Zioptan® tafluprost | Coverage will be provided after a 30-day trial of the following treatment options within the last 365 days: • Trial of at least one preferred product such as bimatoprost, latanoprost, and/or travoprost. |

